

Contraband

Definition: Contraband is defined by items not allowed to be in the possession of patients and/ or visitors in the hospital setting

- Contraband listed may cause harm to patients or others
- Contraband listed may violate hospital infection control requirements
- Contraband listed may be illegal

There may be assessments and treatment interventions supervised by designated clinical staff that will utilize some items, listed below, as a part of their work.

PATIENTS/ VISITORS CAN NOT BRING IN THE FOLLOWING:

ITEMS THAT COULD BE USED AS WEAPONS/ SELF-HARM

All weapons

Knives

Scissors

Sharp objects or any objects that can be easily broken and used as a weapon and or self-harm

Heavy steel toed boots/ shoes

Heel shoes over an inch in height

High heeled spiked shoes

Paper clips

Razors

Pins

Sewing needles

Thumb Tacks

Nails

Crochet hooks

Knitting Needles

SUBSTANCES including:

Alcohol

Anything that can be smoked

Cigarettes

Cigars

Drug paraphernalia

Drugs

Electronic cigarettes

Illegal / non prescribed drug or drug related items

Products containing alcohol liquids i.e. most mouthwashes, cough syrup

Rolling papers

Tobacco of any kind including loose and/ or chewing tobacco

FIRE-RELATED ITEMS including:

Aerosol cans

Explosive substances

Flammable liquids

Flints or any material/ item that can be used to light something

Lighters

Matches

POTENTIAL LIGATURES including:

Any item deemed a potential ligature risk

Belts

Bunge Cords

Cords

Drawstrings on clothing must be removed

Electronic cords greater than 4 inches

Floss

Gift Ribbon

Ropes

Scarves

Suspenders

Ties

Yarn

Purses / pocketbooks/backpacks—to be approved by nursing

MEDICATION including:

Personal medications

Over the counter medications

Herbal medications / vitamins/ dietary supplements

GLASS/ Metal/ Plastic including:

All glass items except eyeglasses

Mirrors

Glass cups/dishware, make up compacts with mirrors

Metal utensils other than adaptive equipment approved by doctor/ treatment team

Cans

Plastic bag, Plastic Wrap, Plastic packaging

WRCH Food Protocol #1.31

Beginning February 4th, 2019 the following changes will be instituted regarding the food allowed into the hospital. These changes are being made to balance the recovery process of our patients with the safety needs of both patients and staff. Please refer to the potocol & single serving flyer for complete information. Highlights include:

- * Beverages are allowed, however there are size limits. Glass bottles are not allowed
- * Can with pull top metal lids are not allowed
- * Campus police may refuse any food items that are deemed to pose a safety risk
- *Court Evaluation units are only permitted factory sealed items
- *Each patient has a personal cabinet space and the food a patient can store is limited to that space.
- *Food delivery by visitors or via mail or take out is limited to single servings.
- *Treatment teams can write orders to restrict food or allow additional food based on clinical assessment/need
- * Staff cannot bring "home cooked" meals. They can request food from the WRCH kitchen for groups.
- *Each continuing care unit provides the opportunity for patients to order out one day per week.
- *Patients are discouraged from buying food for other patients from any source other than those within WRCH.

WRCH Single Serving Guide

Pizza 1 small pizza

Chicken 1 - 3 pieces

Hamburger 1 - 2

Sandwiches 1 - 2

Soup 32 oz or less

Salad 32 oz or less

French fries/Onion rings 1 small or medium

Bagged snacks 1 - 2 single serving bags

Cookies 1 - 5 small cookies or 1 large cookie

Cake 1 - 2 slices

Donut/muffins 1 - 2

Beverages 20 oz or less

Food is for patient consumption, not for sharing, bartering or selling. We encourage you to provide healthy items for patients during their stay at WRCH. Items that are low in sodium and saturated fat and rich in whole grains are recommended.

