

OPEN DIALOGUE

With Mia Kurtti

**Thursday, March 16
7pm to 9pm**

**@ Holyoke Community College
Kittredge Center
303 Homestead Avenue**

Learn about Open Dialogue from one of its leading practitioners. Open Dialogue offers an alternative to supporting people experiencing extreme emotional distress or 'crisis'. It emphasizes dialogue directly with the person in distress along with others in their own social network, avoidance of talking about someone without them present, and a much broader way of making meaning of what is at the root of the struggle.

Open Dialogue is getting some of the best documented success rates in the world, including outcomes such as marked reductions in the use of psychotropic drugs, hospitalizations, and long term disability.



Mia is a psychotherapist and psychiatric nurse. She works in the acute crisis clinic in Keropudas Hospital in the western Lapland region of Finland. Extensively trained in Open Dialogue, Mia has been a member of the team that developed Open Dialogue since 2002. She was also featured in Daniel Mackler's 2014 film 'Open Dialogue', now available at Youtube.com.

***RSVPs helpful but not required to info@westernmassrlc.org
Sponsored by the Western Mass Recovery Learning Community***



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